

Type	Subunit	Uses	Example
Carbohydrates	Sugar	Energy storage	Potatoes, grain, bread
		Structural Support	glucose, sucrose, starch, cellulose (cell wall)
Protein	Amino Acids	Enzymes	Meat, beans, nuts, dairy
		Structure	muscle tissue
Lipids		Immune System	
	Glycerol, Fatty Acids,	Movement	
Lipids	Triglyceride	Long term energy storage	Butter, animal fat
		Membrane Structure	Lypids have three fatty acids stringing out
Nucleic Acids		Cell membrane	
	Nucleotide,	Storing info	DNA, RNA
	A, T, C, G, U		

Monomer - similar molecules