

Type	Subunit	Uses	Example
Carbohydrates	Sugar	Energy storage	Potatoes, grain, bread
		Structural Support	glucose, sucrose, starch, cellulose (cell wall)
Protein	Amino Acids	Enzymes	Meat, beans, nuts, dairy
		Structure	muscle tissue
		Immune System	
		Movement	
Lipids	Glycerol, Fatty Acids,	Long term energy storage	Butter, animal fat
	Triglyceride	Membrane Structure	Lypids have three fatty acids stringing out
			Cell membrane
Nucleic Acids	Nucleotide,	Storing info	DNA, RNA
	A, T, C, G, U		

Monomer - similar molecules